



6 SIMPLE TRICKS TO IMPROVE FLOW AND COHESION IN YOUR GARDEN

BY BLUE DAISY GARDEN DESIGN

Does your garden feel a bit disjointed – like it doesn't quite “hang together”? You're not alone! Many gardens evolve over time, bit by bit, and end up feeling like a collection of separate parts rather than one harmonious space.

The good news is: it doesn't take a complete redesign to make your garden feel more connected. These six simple tricks will help you create a garden that flows beautifully and feels balanced, calm, and intentional.

3 TRICKS TO IMPROVE FLOW

Flow is all about *movement* – how your eye and your feet travel through the space.

1. CREATE CLEAR SIGHTLINES

Decide what you want people to see when they look out from your house or patio.

A path, a focal point (like a tree, pot, or sculpture), or a glimpse of something intriguing will draw the eye forward and invite exploration.

TRY THIS: Stand at your back door and look out – what's your eye drawn to first? If it's nothing in particular, add a focal point or realign your path to create one.





2. GUIDE MOVEMENT NATURALLY

Use paths, lawn shapes, and planting beds to subtly lead people where you want them to go.

Curves encourage gentle movement, while straight lines feel more direct and purposeful.

TRY THIS: Lay a garden hose on the ground to experiment with different path shapes before committing to a new layout.

3. BALANCE OPEN AND ENCLOSED SPACES

Flow isn't just about where you go – it's also about where you *pause*. Combine open areas (like lawns) with enclosed nooks or seating areas. This creates rhythm and makes your garden feel spacious yet cosy.

Try this: Add a small seating area framed by taller plants or a pergola to create a sense of destination.



3 TRICKS TO IMPROVE COHESION

Cohesion is what makes your garden feel unified – where everything looks like it belongs together.

4. REPEAT MATERIALS AND COLOURS

Consistency is key. Repeating the same paving, pots, or paint colours across the garden ties everything together visually.

TRY THIS: If you have grey stone paving, pick grey-toned pots or furniture to echo that tone elsewhere.

5. LIMIT YOUR PLANT PALETTE

Too many different shapes and colours can feel chaotic. Choose a handful of key plants and repeat them in groups through your borders to create a rhythm and sense of calm.





TRY THIS: Pick three “signature plants” – one tall, one medium, and one low-growing – and repeat them across your garden.

6. ECHO SHAPES AND PATTERNS

Look for shapes that already exist – curves, straight lines, or diagonals – and echo them in other elements like paths, beds, or furniture.

TRY THIS: If your lawn edge is curved, mirror that curve in a path or border on the opposite side.



A GARDEN THAT FEELS CONNECTED

When your garden has both flow *and* cohesion, it feels natural, balanced, and welcoming.

It’s the difference between a space that looks nice and one that truly *works*.

You don’t need a complete redesign – just thoughtful tweaks that link everything together.



Want More Personal Help?

If you’d like professional eyes on your space, we can help. At **Blue Daisy Garden Design**, we create gardens that not only look beautiful but *feel right* – with flow, balance, and year-round interest.

👉 Visit our [Garden Design](#) page to learn more.

About Blue Daisy Garden Design

Based in **Kenilworth, Warwickshire**, we design and maintain beautiful, practical gardens across the region. Our mission is simple: to help you create a space you’ll love to spend time in – one that feels connected, balanced, and uniquely yours.

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